

## Nina Amir: Biography

Nina Amir, is a seasoned journalist, author, *maggid* (Jewish inspirational speaker), and a conscious creation coach. Additionally, she serves as the director of public relations and outreach for [www.CyberJudaism.org](http://www.CyberJudaism.org), writes a column as the [San Jose Jewish Examiner.com](http://SanJoseJewishExaminer.com), and appears once a month as the holiday and spirituality expert on *Conversations with Mrs. Claus*, a weekly podcast heard in more than 90 countries and downloaded by 110,000 listeners per month. She holds a BA in magazine journalism from Syracuse University's S.I Newhouse School of Public Communication with a concentration in psychology, is a certified rebirther, and is trained as a Voice Dialogue facilitator. Through her writing and speaking, Amir offers human potential, personal growth and practical spiritual tools from a Jewish perspective, although her work spans religious lines and is pertinent to people of all faiths and spiritual traditions.

Amir has appeared on *Law of Attraction Talk Radio, Live with Lisa Wexler!*, WICC 600 Bridgeport, CT, USA Radio Network News and has had her articles on Jewish, spiritual, mystical, holiday, ritual, and human potential or personal growth topics published in *J. The Jewish News Weekly of Northern California, Bay Area Parent, Family Time, InterfaithFamily.com, and JewishMag.com* and in a variety of on-line newsletters, blogs and e-zines. She also speaks both locally and nationally to Jewish and secular audiences.

Additionally, Amir has written and self-published several booklets and workbooks, including:

- *The Priestess Practice: 4 Steps to Creating Sacred Space and Inviting the Divine to Dwell Within It*
- *The Kabbalah of Conscious Creation: 4 Mystical Steps to Manifesting Your Physical and Spiritual Desires*
- *From Empty Practice to Meaning-Full and Spirit-Full Prayers and Rituals...in Seven Simple Steps*
- *Navigating the Narrow Bridge, 7 Steps for Moving Forward Courageously Even When Life Seems Most Precarious*

She is the co-author of *Planting Seeds of Change...and Watching Them Grow* as well.

Currently she is writing three books:

- *The Kabbalah of Conscious Creation, 4 Steps to Tapping Into the Divine Flow of Giving and Receiving*
- *Setting a Place for God, A Woman's Guide to Creating Sacred Space and Inviting the Divine to Dwell Within It*
- *Navigating Life's Narrow Bridge, How to Move Forward Courageously Even When the Path Looks Precarious*

She also has compiled a Jewish celebrity cookbook, which is awaiting a publisher, and is working on a book about mentoring boys who want to be professional dancers.

Amir has edited or written for more than 45 local, national and international magazines, newspapers, e-zines, and newsletters, and her essays have been published in six anthologies. When she isn't writing her own books, she edits non-fiction books for other authors, some of which have been picked up by major publishing houses, such as Simon & Schuster, William Morrow and One Books.

Amir has spent much of her life searching for "something more" in her religious and spiritual practice, as well as in her life. Using the knowledge she gained, she concentrates personally and

professionally on infusing traditional religious rituals with meaning and Divine connection, developing positive spiritual approaches to life and learning how to manifest goals and dreams through conscious use of thoughts, words, feelings, and actions. She sees herself as an "Everywoman" whose struggles and successes are not unlike anyone else's. Therefore, she writes, speaks and teaches from a place of knowing that what has worked for her will at least provide others with a starting place from which to find what works best for them. As a *maggid*, a Jewish inspirational speaker and writer whose goal it is to bring people closer to God and to their religion, Amir's personal goal lies in helping others do what she, herself hopes to do: learn to live life fully and to feel the Divine Presence in her life every day.

She lives in Los Gatos, CA, with her husband and two children.